I would recommend sorting through your to-do list often. While reviewing my list, I can break down my tasks. Example: what do I have to do? What can I delegate? What is something I just thought I should do? What is something someone else suggested because they feel they should do those things? What is something I want to do but don't have to do?

What I need to do: Shop and cook for my family. Can a spouse cook? Yes of course as long as it's not a burden to the spouse because the spouse is meant to work first and bring in income in the home. And yes we work too, but his work comes first because our first assignment is taking care of the home. (Proverbs 31:23 KJV Her husband is known in the gates when he sitteth among the elders of the land.)

If your flesh is fighting this, I understand. That is an indication that the spirit of the world is present in you. You are reading this course because YAH wants to work this spirit out of you.

Example when I look at the Proverbs 31:14-15 KJV woman she cooks for her family and she shopped for her family and her helpers.

14 She is like the merchants' ships; she bringeth her food from afar.

**15** She riseth also while it is yet night, and giveth meat to her household, and a portion to her maidens.

An example of the task list is on the next page.



All To-Do	Need To Do	"Should" or "Want" To Do
Morning Bible Study & Prayer time with YHVH ⇒(move to one of the other columns)⇒	Morning Bible Study & Prayer time with YHVH	
Grocery Management/Shopping	Grocery Management/Shopping	
Drop Son at School	Drop Son at School	
Pick up Son from School	Pick up Son from School	
Go through home chores for the week	Go through home chores for the week	
Go through business tasks for the week	Go through business tasks for the week	
Go through my video draft again just incase.		Go through my video draft again just incase.
Release the video. Stop being afraid to make a mistake because you will so stop worrying about that now.	Release the video.	
Complete list for all todays. You can include over all topics and then individual list for specific tasks. Such as I entered "Home Chores" I break those out later on a need, should, or want to just for home Chores.		



#### Why do we make this list.

I spend most of my time creating the list, and I noticed that I have improved with editing things that don't benefit our lives. I can then maximize time for the things I have to (need to) do. I have learned to stop delegating the wrong tasks. I also limit the people I follow and listen to because this eats up much time. All things are permissible, but not all things are beneficial. 1 Corinthians 10:23 KJV.

I have also learned that managing my life is not as expensive and hard as many people believe because I walk and live in the Holy Spirit so YAH can order my steps. The rich-minded mindset tries to find things to justify certain expenses and time expenditures. I can discern people who overdo and I also watch out for people who under-do. I strive to avoid extremes, and there is a difference.

I start by keeping things simple. If I feel overwhelmed, that's an indication I am doing more than I have to do and I out of the will of YAH. Contrary to popular belief overwhelm is not natural. You are not more blessed by being overwhelmed. Why? Because we have the benefit of casting our cares on Yahshua.

Romans 14:19

So then, let us pursue what leads to peace and to mutual edification.

Your task list will not be so overwhelming once you realize that your trust has to be in YAH. If we focus on following his word first he says we will be successful.



Special note: after I sort my list I load my narrowed down todo's into my phone for a simple checklist app called "tasks" I can set due dates and add



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notes and I check them off as I go. I also keep this list in Evernote so I can pull it anytime.

Contact me if you have any questions. Use the rest of the space to write scriptures that come to mind as you are writing and praying.

